

## Health Curriculum Guide Grade 1

National Standards	Outcomes	Assessments	Units/Topics/ Activities
Students will comprehend concepts related to health promotion and disease prevention.			
Students will demonstrate the ability to access valid health information and health-promoting products and services.			
Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.	Know how to respond to dangerous situations.		Great Body Shop "Look Out!" unit Memorize name and number. Good touch/bad touch Officer visit
	Demonstrate bus and pedestrian safety.		Bus safety curriculum
	Demonstrate behaviors that reduce the risk of spreading disease		Great Body Shop "Head to Toe" unit Handwashing Puffs (PH)
Students will analyze the influence of culture, media, technology and other factors on health.			
Students will demonstrate the ability to use interpersonal communication skills to enhance health.	Solve problems using words.	Observation	Great Body Shop "Talk and Listen" Conflict Resolution – Peace poster  Responsive Classroom
Students will demonstrate the ability to use goal-setting and decision-making skills to enhance health.			
Students will demonstrate the ability to advocate for personal, family and community health.			