# **COURAGEOUS CONVERSATION ABOUT RACE OVERVIEW**



Courageous Conversation is utilizing the Four Agreements, Six Conditions and Compass in order to engage, sustain and deepen

#### INTRA-RACIAL, AND INTER-RACIAL DIALOGUE ABOUT RACE,

and is an essential foundation for examining and addressing institutionalized culture and structures that promote racial disparities.

### THE COMPASS

### FOUR AGREEMENTS



Speak your truth
Expect / accept non-closure



## THREE TIERS

- Engage through your own personal racial experiences, beliefs and perspectives
  while demonstrating respectful understanding of specific historical as well
  as contemporary, local and immediate racial contexts.
- II) Sustain yourself and others in the conversation through mindful inquiry into those multiple perspectives, beliefs and experiences that are different than your own.
- III) Deepen your understanding of whiteness and interrogate your beliefs about your own association with and relationship to racial privilege and power.

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